

## Developing a new model of care in West Leeds

Over the next few years we plan to transform the way we deliver health and social care for people living in West Leeds. The NHS, Leeds City Council and the voluntary sector are working together to:

- Improve the health and outcomes of all our local communities
- Address the gaps in health and social care
- Give people more choice and involvement
- Create an integrated health and social care system that is financially sustainable and makes better use of resources

### Why are we doing this?

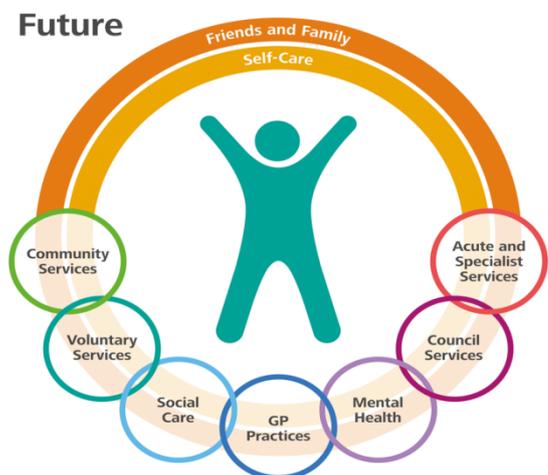
- The population is growing, more of us are living longer and many people are living with long-term or complex health conditions which is putting increased pressure on services
- The system is not financially sustainable unless changes are made
- National government strategy is moving towards greater integration and the establishment of “New models of care” where networks of health and social care professionals work together as ‘one team’
- We know that a fragmented system does not always provide the best outcomes for the individuals and communities we serve

### What the system looks like now



Lots of different services, with unclear pathways, leading to confusion

### What the future will look like



The different services working together with the individual and their support networks



The new model will be:

- Focused around individual communities of around 30,000 – 50,000 people (e.g. Armley, Morley), with services designed to reflect the specific needs of the people that live in those neighbourhoods. We know that 'one size doesn't fit all'.
- Based on a single, extended primary care team working together to get the best outcomes for local people. This means GP practices, community and mental health teams, adult social care and the independent sector working closely together, beyond traditional service boundaries.
- Simplified and easier to navigate, with fewer steps to access specialist support and more care available closer to home.
- Based on the assets/strengths already present in local communities and helping people to take more control of their own lives

### What is happening now?

- Over the last few years there has been considerable integration of the community health and social care teams in Leeds.
- We have now established Community Wellbeing teams in five West Leeds localities: Armley, Pudsey, Morley, Aire Valley and Holt Park/Woodsley.
- These are made up of team leaders/front line workers from each of the different services working in those areas. They include GPs, social work team leaders, district nurses, mental health professionals and representatives from voluntary sector organisations.
- There will be different approach and initiatives in each area, depending on local priorities. It will be up to the individual leadership teams to decide these based on their in-depth local knowledge.

### Armley – what we've done already

Armley is the first area where we began the process of integration, as it is the area of highest deprivation.

The individual service leaders in Armley have now been working together for nearly a year and have agreed shared priorities around mental health, self-care and health coaching. We are currently testing out pilot projects in these areas and carrying out research with local people to find out about their experiences as users of local health and social care services: what works well, what doesn't and how we can help them to improve their own health and wellbeing.

This work will grow and continue over the coming months and years. It is not a quick fix and it will take time to establish new processes and ways of working. However, the long-term goal is to improve the lives of the local people and communities in West Leeds by giving them more choice and involvement in their care, with the right support provided when and where they need it most.

